

MENU



BANYAN TREE

SANCTUARY

FOR

THE SENSES

Drawing on Asian traditions that date back centuries, our intimate retreats blend romance and serenity with exotic sensuality. The architecture of the spa pavilions and suites infuses local inspiration seamlessly with the natural beauty of the environment. Our massages are based on evolving techniques that passed through the hands of many generations. Our health and beauty remedies combine the use of aromatic oils, herbs and spices with ancient healing powers. Under the intuitive touch of our therapists, simple sensory pleasures are reawakened to define the award-winning Banyan Tree Spa experience.

Sense of Tranquility

Calm your mind and draw in the tranquility of your surroundings. Sit back and relax as our therapist welcomes you with a soothing Foot Bath. Leave the cares of the world behind as you enjoy an herbal drink and refreshments. All Banyan Tree Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference.



Please take a moment to read this

Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly. Please switch your cellular phones and electronic devices off or to silent mode.

Calm

Eigs will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot, hair, and selected a la carte treatments.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

Valuables

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Smoking and Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

Refund Policy

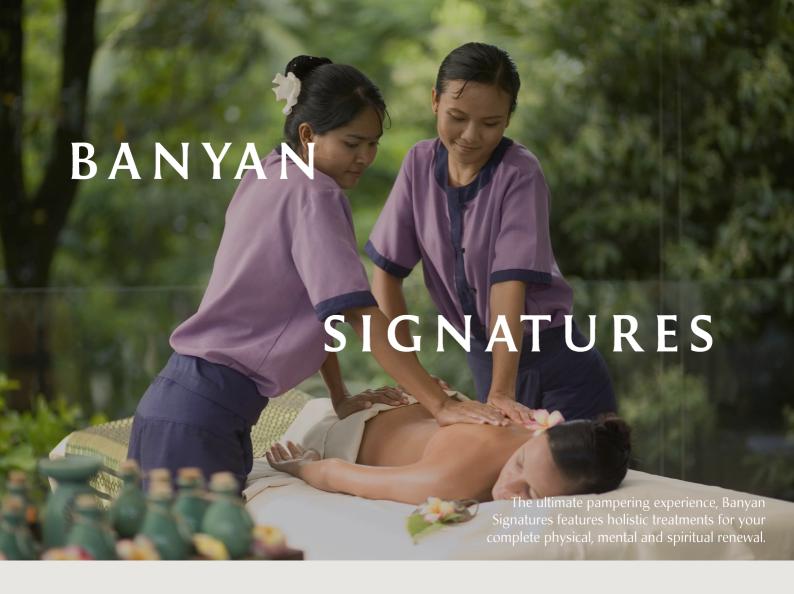
Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

Gift Certificate

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

Disclaimer

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.



Royal Banyan CNY 2,580

150-minute treatment

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

Coriander Cucumber Cleanser, Royal Banyan Herbal Pouch Massage, Jade Face Massage, Therapeutic Herbal Bath.

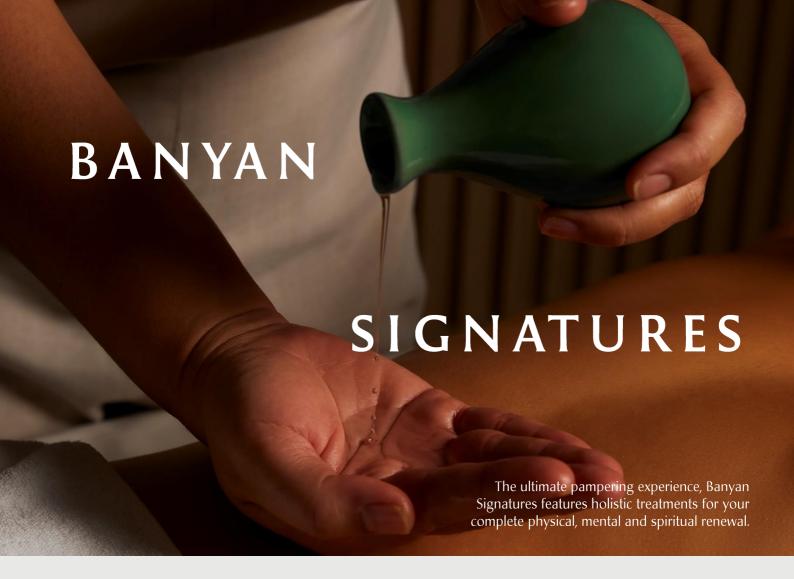
Sense of Teng Chong

CNY 1,480

90-minute treatment

This experience harnesses the best of locally-sourced ingredients to offer an authentic flavors of Teng Chong's natural gifts. The Volcanic mud has detoxifying and nourishing properties to eliminate Toxins and soften the skin. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension, you can indulge in bliss fit for royalty.

Volcanic mud mask ·Balinese Massage.



Master Therapist Experience

CNY 1,480

90-minute treatment

Restore energy that was thought to be long gone. Drawn from the expertise of the Master Therapist, indulge in a specially tailored treatment using a repertoire of massage techniques and tools. Therapist will first take time to understand the profile of each individual guest before customising a package best suited to meet his or her needs.



Chinese Traditions

CNY 1,680

90-minute treatment

A massage technique used for centuries to heal the body, Tui Na improves mobility and circulatory health by correcting the flow of Qi in the body. Restore harmony and balance through this powerful healing technique and enjoy complete physical relaxation.

Oriental Massages, Oriental Head Massage.



Indonesian Traditions

CNY 1,980

120-minute treatment

Practised in the palaces of Central Java, you can now indulge in bliss fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned floral baths to awaken the senses.

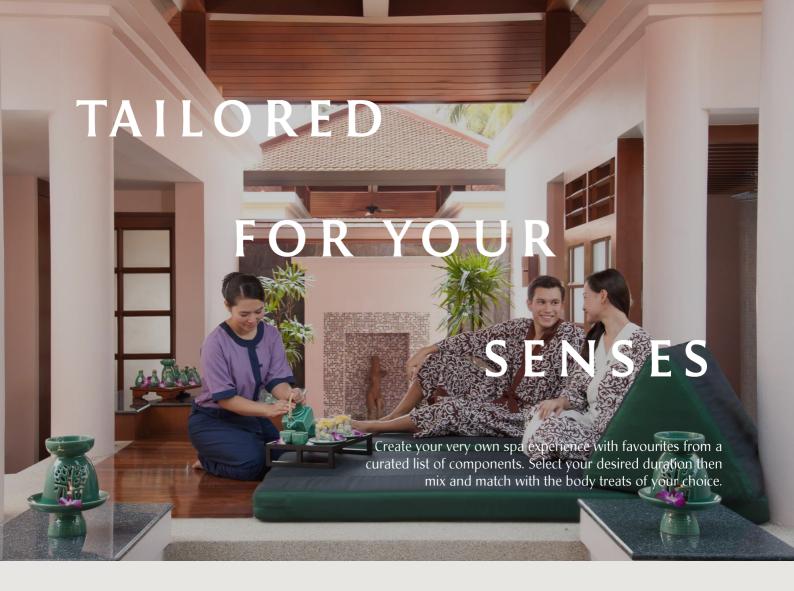
Balinese Massage, Lulur Purifier, Yoghurt Body Splash, Fresh Milk Nourisher, Jamu Bath.

Thai Traditions CNY 1,980

120-minute treatment

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

Ginger Refresher, Thai Herbal Heat Treatment, Herbal Enhancer, Thai Classic Massage, Aromatic Ginger Bath.



90-minute treatment CNY 1,680

120-minute treatment CNY 1,980

150-minute treatment CNY 2,380

For The Ladies

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner

- 60-minute Facial
- 30-minute Calming Bath

For The Gentlemen

- 60-minute Body Massage
- 30-minute Back Massage or 30-minute Foot Massage
- 30-minute Body Scrub

- 30-minute Body Conditioner
- 30-minute Express Facial
- 30-minute Calming Bath

^{*}For optimal relaxation and benefits, the duration of combined massages would be 90 minutes.



Balinese	60-minute treatment	CNY 1,180
	90-minute treatment	CNY 1,480

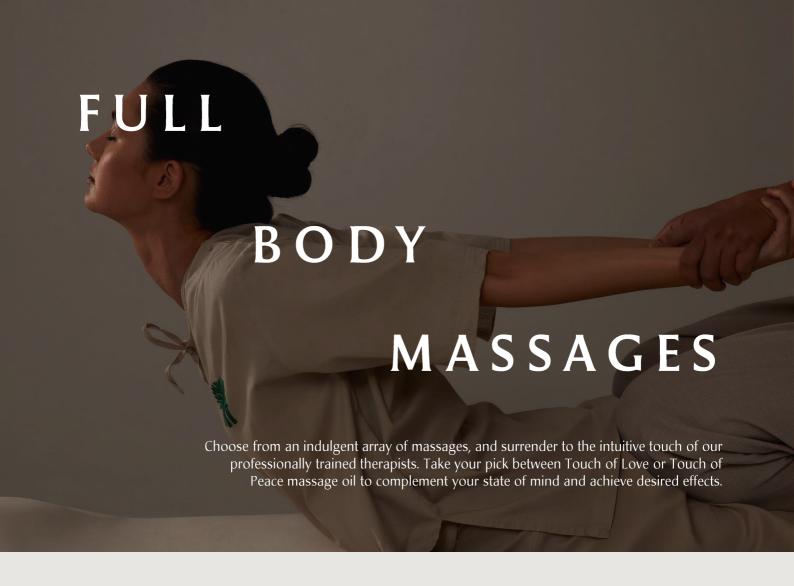
A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

Deep Tissue	60-minute treatment	CNY 1,180
	90-minute treatment	CNY 1.480

A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

Gentle Touch	60-minute treatment	CNY 1,180
	90-minute treatment	CNY 1 480

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.



Thai Classic	60-minute treatment	CNY 1,180
	90-minute treatment	CNY 1,480

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

Thai Essence	60-minute treatment	CNY 1,180
	90-minute treatment	CNY 1.480

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.



Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

Foot Release

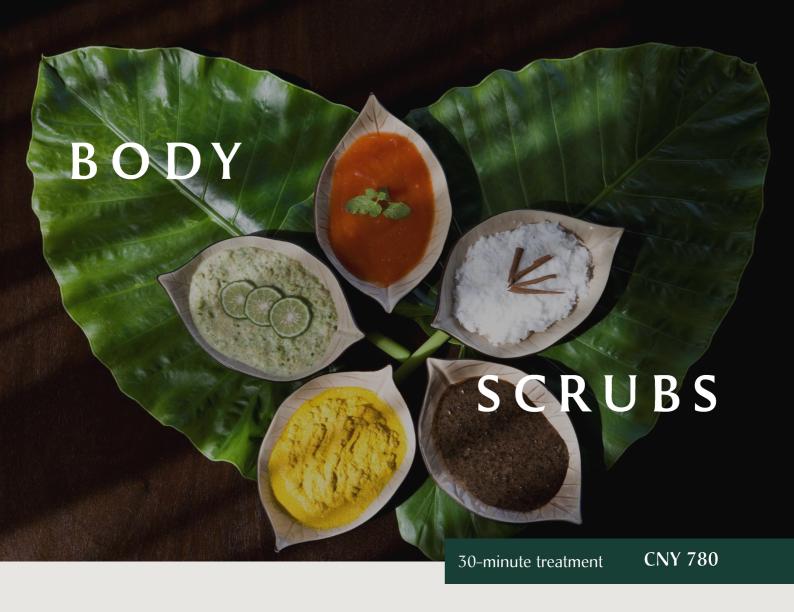
Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

Hand Relax

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

Head & Shoulders Reliever

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.



Apple Green Tea Polisher	— for All Skin Types/Sensitive Skin
Natural acids from the apple acts as a gentle cleanser while the green its anti-oxidant properties. The skin feels softer after this treatment a	
Ginger Lemon Cleanser	for Oily Skin
The warming effect of fresh ginger paired with the citric fruit acid fro perfect cleanser. Let the refreshing scent of the natural ingredients refined and radiant skin.	,
Kieffer Lime Refresher	for Normal/Oily Skin
Fresh lime peels gives a delightful scent and acts as an antiseptic. The scrub smoothen fine lines with its rich Vitamin E content while the ho	0
Turmeric Honey Cleanser	for All Skin Types
Known for its healing and cleansing properties, turmeric mixed with this refreshing scrub. The oil from the crushed sesame seeds ensures	

scrub.



Aloe Lavender Healer	for All Skin Types/Sensitive Skin
Aloe and lavender are known for their healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.	
Chrysanthemum Enchancer	for All Skin Types
A nutritious mix of dried chrysanthemum, honey and lemon juice provrevitalise the skin. These ingredients are blended with protein-rich soya	
Honey Avocado Healer	for All Skin Types
The highly moisturising honey and creamy Avocado make up this body skin condition and restore softness to the skin. Its delightful fragrance l	• • • • • • • • • • • • • • • • • • •
Kieffer Lime Mask	for All Skin Types
Uplift your senses with the zesty lime as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.	



Detoxing Bath
Relax your senses with a salt bath, an all-time favourite for centuries. Citrus fruits are added for extra zest.
Purifying Bath
Get pampered like royalty and unveil radiant, youthful skin after this moisturising bath.
Relaxing Bath
Infused with indigenous flower from the destination, feel your mood lighten up with this fragrant bath.
Rejuvenating Bath
Uplift your senses and brighten up dull skin with herbs such as leongrass and ginger, which are rich in antioxidants.



Radiance Revival

A blissful treat to the face, this facial encourages the oxygen intake of the skin to the restore radiance and effectively lighten pigmentation and dark sports .A firming mask will helps to alleviate fatigue and stressed skin ,bringing about a clearer and radiant-looking complexion.

Anti-oxidant Illuminator

A revitalising anti-oxidant facial that deeply focuses on protecting the skin from environmental pollutants while providing firmness. The experience begins with a gentle exfoliation before an application of an anti-ageing serum for maximum hydration .The experience rounds off with a message to enhance clarity and a restoring mask that locks in the moisture for an instant glow.

Calming Soother

Suitable for the most delicate skin ,this hypoallergenic and paraben-free facial effectively nourishes ,stimulates, and calms irritated skin with a Tolerance Recovery Cream containing peptide complex . The soothing mask ,infused with a Tolerance Recovery Cream containing peptide complex. The soothing mask ,infused with floral and green tea extracts ,balances the skin tone. Complete this unique experience with a light ultra-hydrating fluid that leaves the skin glowing and refreshed.

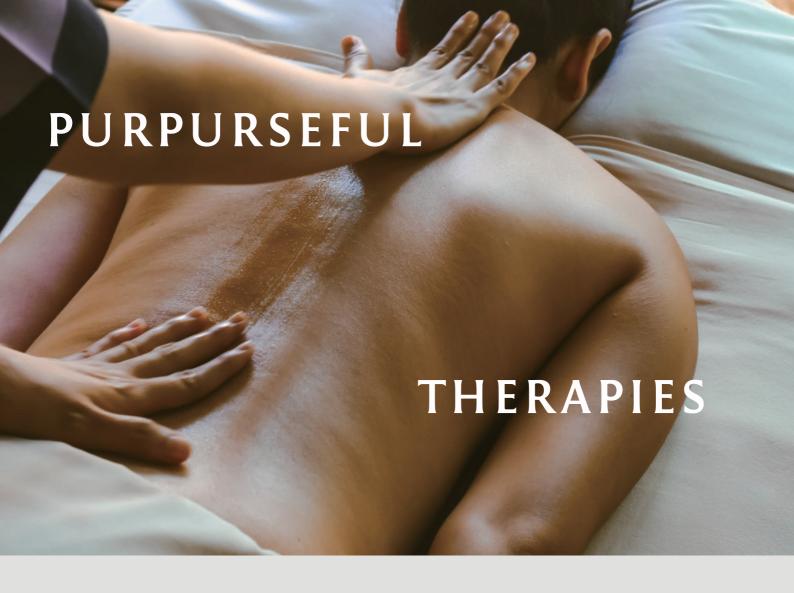


Express Facial CNY 780

30-minute treatment

Create a blissful treat for your face, select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturiser to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion.

Cleansing, Scrub, Mask, Moisturise | Cleansing, Massage, Mask, Moisturise | Cleansing, Scrub, Massage, Moisturise.



Restorative Detox

90-minute treatment CNY 1,580

This massage stimulates the body's circulatory system by kneading movements around the lymph nodesbeneath the skin. Pressure point techniques combine with a deep and firm pressure to stimulate blood flowand promote the body's removal of waste and toxins.

Mobility Stretch

90-minute treatment CNY 1,580

Daily stress causes chronic tension of the limbs and muscles. This therapy utilises extended stretch works soas to ease physical strain and tension, and improve the body's mobility and flexibility. It is an ideal treatmentfor post-exercise recovery.

Urban Relief

90-minute treatment CNY 1,580

Prolonged desk-bound work strains the neck, back and shoulders, causing frequent stress and tension, and contributing to the so-called office syndrome. This treatment aims to alleviate this chronic pain and reducemuscle stiffness by combining trigger points and myofascial massage techniques.



Sleep Essentials

90-minute treatment CNY 1,580

A unique ritual that combines different evidence-based techniques and approaches to bring the mind andbody to a deep state of rest. It is ideal for those experiencing insufficient rest or poor sleep. This experiencemay be extended for a longer session, to promote further relaxation.