

Lunar New Year 2025 Resort Activity Schedule

Saturday, 25 January 2025

8:15 - 9:15	Hatha Yoga
14:00 - 15:00	Ashtanga Strength Yoga
16:30 - 17:30	Body Scan Meditation

Sunday, 26 January 2025

8:15 - 9:15	Sun Salutation
14:00 - 15:00	Moon Salutation
16:30 - 17:30	Mindful Breathing

Monday, 27 January 2025

8:15 - 9:15	Chest Opening Yoga
14:00 - 15:00	Relaxation Yoga
16:30 - 17:30	Deep Relaxation



Lunar New Year 2025 Resort Activity Schedule

Tuesday, 28 January 2025 - Lunar New Year's Eve

9:00 - 10:00	Traditional Games: Shuttlecock Kicking
10:00 - 11:00	Traditional Toy: To He Making
11:00 - 12:00	Tet Five-fruit Tray Decoration Contest *
13:00 - 14:00	Tet Tree Planting and Wishes
14:00 - 17:00	Neu Pole Erecting Ceremony
	Chung Cake Making
15:00 - 16:00	Neu Pole Painting Contest *
16:00 - 17:00	Foam & Bubble Party
	Traditional Games: The Feast
17:00 - 18:00	Blind-folded Clay Pot Smashing

* Activities come with a prize for the winner



Lunar New Year 2025 Resort Activity Schedule

Wednesday, 29 January 2025 - First day of Lunar New Year

7:45 - 8:30	Sprit House – Internal Prayers
9:00 - 10:00	Lion Dance
10:00 - 11:00	Pick a Lucky Envelope
11:00 - 12:00	Pagoda Excursion
13:00 - 14:00	Clown & Balloon Art
14:00 - 15:00	Core Strength Yoga
15:00 - 16:00	Bingo Show *
16:00 - 17:00	Foam & Bubble Party
	Traditional Games: The Feast
17:00 - 18:00	Tet Kite Making & Flying

* Activities come with a prize for the winner



Lunar New Year 2025 Resort Activity Schedule

Thursday, 30 January 2025 - Second day of Lunar New Year

8:15 - 9:15	Yoga Suttle
9:00 - 10:00	Traditional Games: Blind Man's Bluff
10:00 - 11:00	Slow Cycling Race *
11:00 - 12:00	Family Conical Hat Painting Contest *
13:00 - 14:00	Clown & Balloon Art
	Calligraphy Given by The Scholar
14:00 - 15:00	Backbend Yoga
15:00 - 16:00	Gunny Sack Racing *
15:00 - 17:00	Candy Coconut Cooking Class **
16:00 - 17:00	Foam & Bubble Party
	Traditional Games: The Feast
16:30 - 17:30	Gratitude Mediation
17:00 - 18:00	Blind-folded Clay Pot Smashing

* Activities come with a prize for the winner



Lunar New Year 2025 Resort Activity Schedule

Friday, 31 January 2025 - Third day of Lunar New Year

8:15 - 9:15	Sun Salutation
9:00 - 10:00	Traditional Games: Shuttlecock Kicking
10:00 - 11:00	Traditional Toy: To He Making
11:00 - 12:00	Tet Five-fruit Tray Decoration Contest *
13:00 - 14:00	Traditional Toy: Capture the Flag
14:00 - 15:00	Family T-shirt Painting Contest *
	Hip Opening Yoga
15:00 - 16:00	Bingo Show *
16:00 - 17:00	Foam & Bubble Party
	Traditional Games: The Feast
16:30 - 17:30	Mantra Meditation
17:00 - 18:00	Tet Kite Making & Flying

* Activities come with a prize for the winner



Lunar New Year 2025 Resort Activity Schedule

Saturday, 01 February 2025 - Fourth day of Lunar New Year

8:15 - 9:15	Yoga Purify
9:00 - 10:00	Traditional Games: Blind Man's Bluff
10:00 - 11:00	Slow Cycling Race *
11:00 - 12:00	Family Conical Hat Painting Contest *
13:00 - 14:00	Tet Tree Planting and Wishes
14:00 - 15:00	Family T-shirt Painting Contest *
	Ashtanga Strength Yoga
15:00 - 16:00	Gunny Sack Racing *
16:00 - 17:00	Foam & Bubble Party
	Traditional Games: The Feast
16:30 - 17:30	Mindful Breathing
17:00 - 18:00	Blind-folded Clay Pot Smashing

* Activities come with a prize for the winner



Activity

Terms & Conditions

- The schedule is subject to availability, weather conditions, change or cancellation at the time of booking
- All activities require 03 hours of booking in advance and are subject to availability
- For more information or reservations, please contact Reservations at +84 234 3 695 949 | Reservations-Langco@banyantree.com

