



BANYAN TREE  
SPA



# BANYAN TREE SPA MENU



## STEP INTO AN URBAN SANCTUARY FOR THE SENSES

Going back to basics, where wellness is simply about embracing nature and surrendering to the art of human touch are what our Founder and Executive Chairman, Mr. Ho Kwon Ping had in mind when he first started the spa.

These ideals became the cornerstones of Banyan Tree Spa, pioneer of the tropical garden spa concept.

Over the years, the intuitive touch of our spa therapists, the seamless blend of serenity with exotic sensuality and the beauty of the natural environment has come to define the award-winning Banyan Tree Spa experience.

Enjoy the difference.



BANYAN TREE  
SPA



## MENU

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**BANYAN SIGNATURES**

**TIME-HONOURED TRADITIONS**

**TAILORED FOR THE SENSES**

**FULL BODY MASSAGES**

**FUSION FOCUS**

**BODY SCRUBS**

**BODY CONDITIONERS**

**CALMING BATHS**

**FACIALS**



# BANYAN SIGNATURES

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*The ultimate pampering experience, Banyan Signatures features holistic treatments for your complete physical, mental and spiritual renewal.*

## Royal Banyan

*180-minute treatment*

*MYR 1,098 nett*

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

Coriander Cucumber Cleanser • Royal Banyan Herbal Pouch Massage •  
Jade Face Massage • Therapeutic Herbal Bath

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*Prices are inclusive of prevailing taxes.*





# BANYAN SIGNATURES

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*The ultimate pampering experience, Banyan Signatures features holistic treatments for your complete physical, mental and spiritual renewal.*

## Sense of Place – Malaysian Bliss

*180-minute treatment*

*MYR 1,098 nett*

Discover an oasis nestled in metropolitan Kuala Lumpur with a refreshing scrub and signature Nusantara massage that combines kneading techniques and thumb pressure to relieve urban tension. A rejuvenating face mask restores your glow while scalp massage and a soothing bath completes the indulgent experience. A sensorial treat for the urban soul.

Turmeric Honey Cleanser • Nusantara Massage • Goat Milk Face Mask •  
Scalp Massage • Jasmine Green Tea Bath

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# TIME-HONOURED TRADITIONS

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## Indonesian Traditions

*150-minute treatment*

*MYR 918 nett*

Practiced in the palaces of Central Java, you can now indulge in bliss fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned floral baths to awaken the senses.

Balinese Massage • Lulur Purifier • Yoghurt Body Splash • Fresh Milk Nourisher •  
Jamu Bath

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## TAILORED FOR YOUR SENSES

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*90-minute treatment*

*MYR 618 nett*

*120-minute treatment*

*MYR 738 nett*

*150-minute treatment*

*MYR 858 nett*

*Create your very own spa experience with favourites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.*

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial
- 30-minute Calming Bath

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# FULL BODY MASSAGES

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*60-minute treatment*

*MYR 428 nett*

*90-minute treatment*

*MYR 558 nett*

*Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Choose from Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.*

## Balinese

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

## Deep Tissue

A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

## Gentle Touch

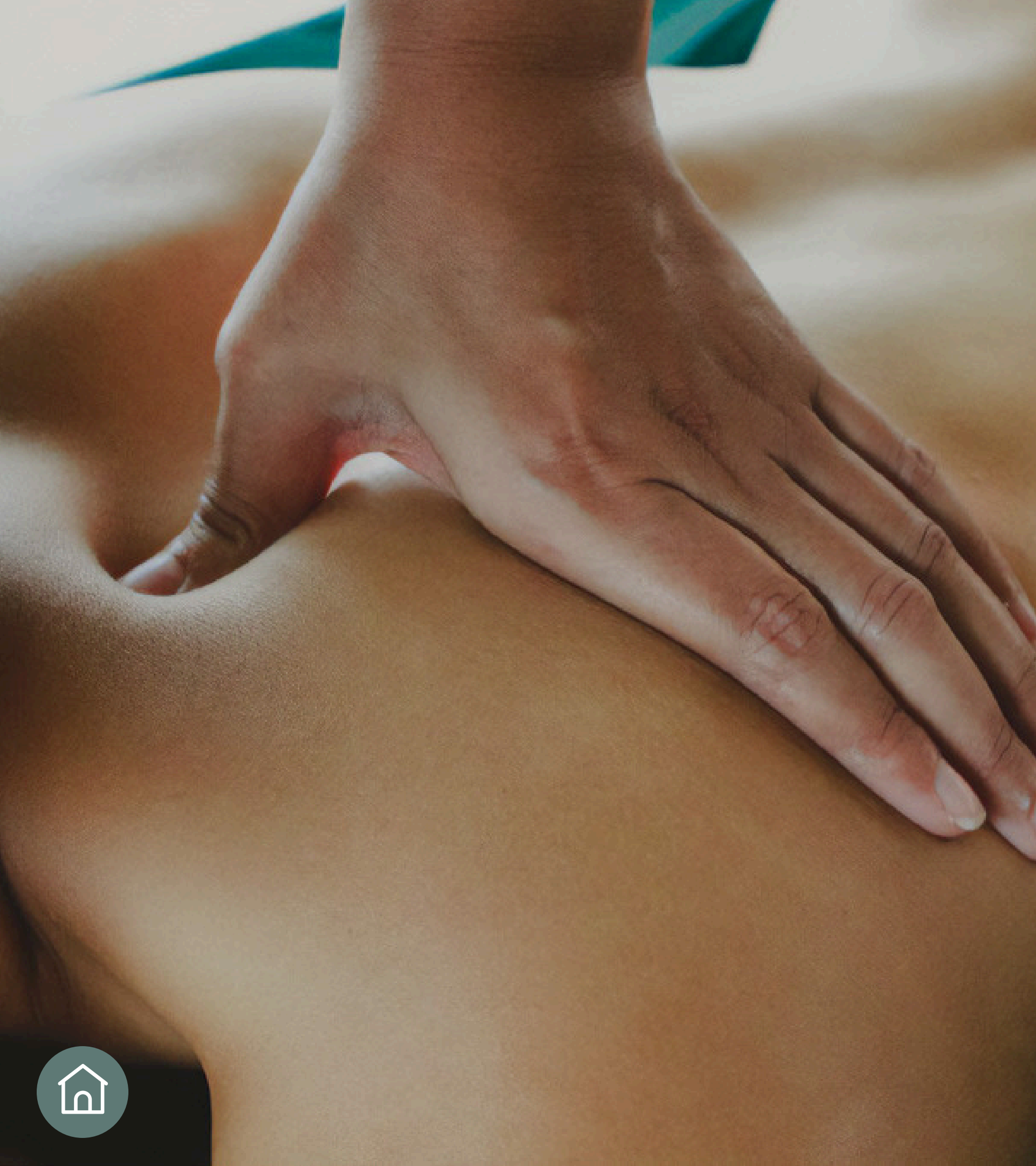
Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.

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# FULL BODY MASSAGES

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*60-minute treatment*

*MYR 428 nett*

*90-minute treatment*

*MYR 558 nett*

## Thai Classic

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

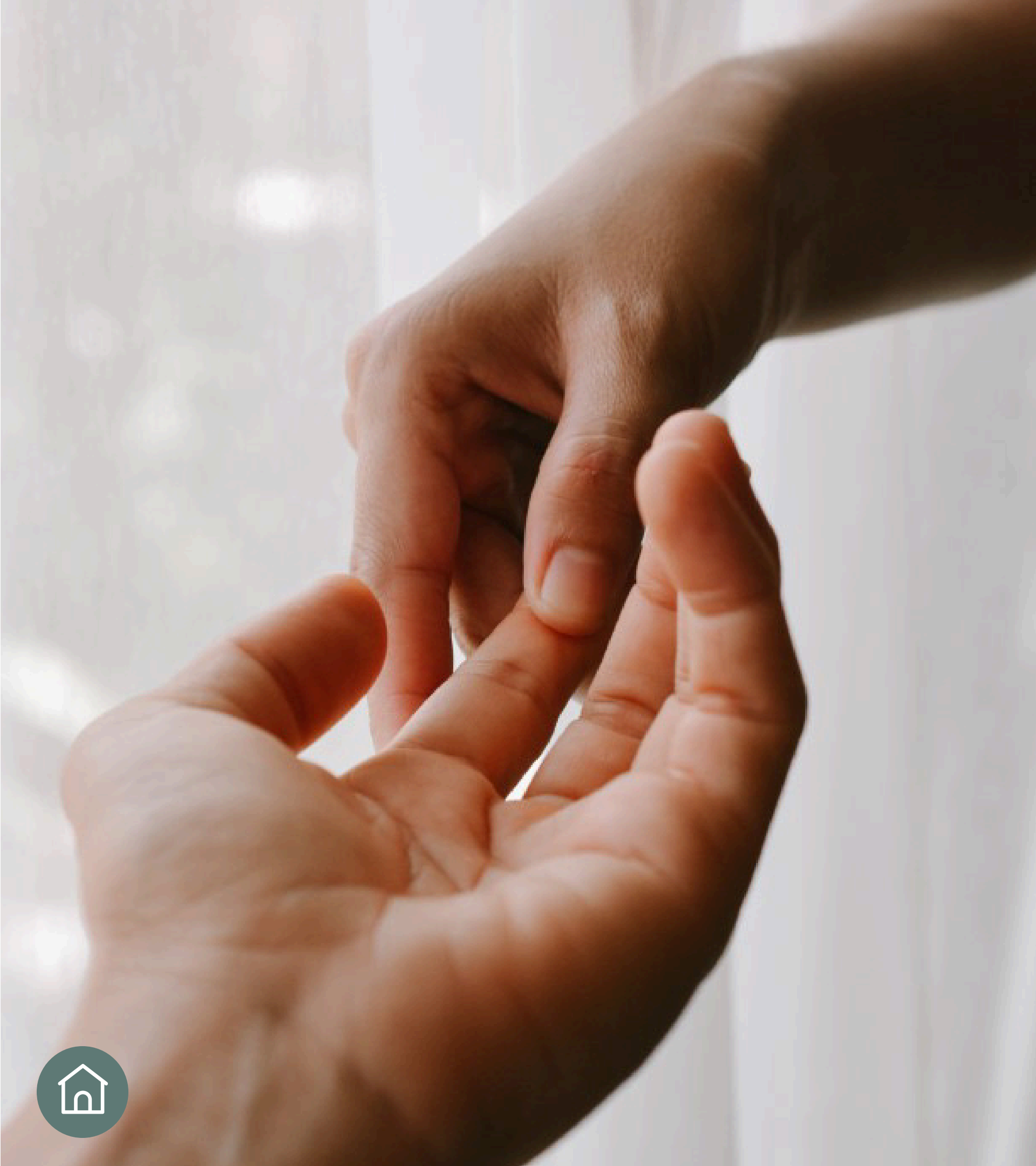
## Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.



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# FUSION FOCUS

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*30-minute treatment*

*MYR 308 nett*

*45-minute treatment*

*MYR 368 nett*

*Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm Clarity Oil is used in all massages to soothe nerves and moisturize skin.*

## Back Reviver

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

## Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

## Hand Relax

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

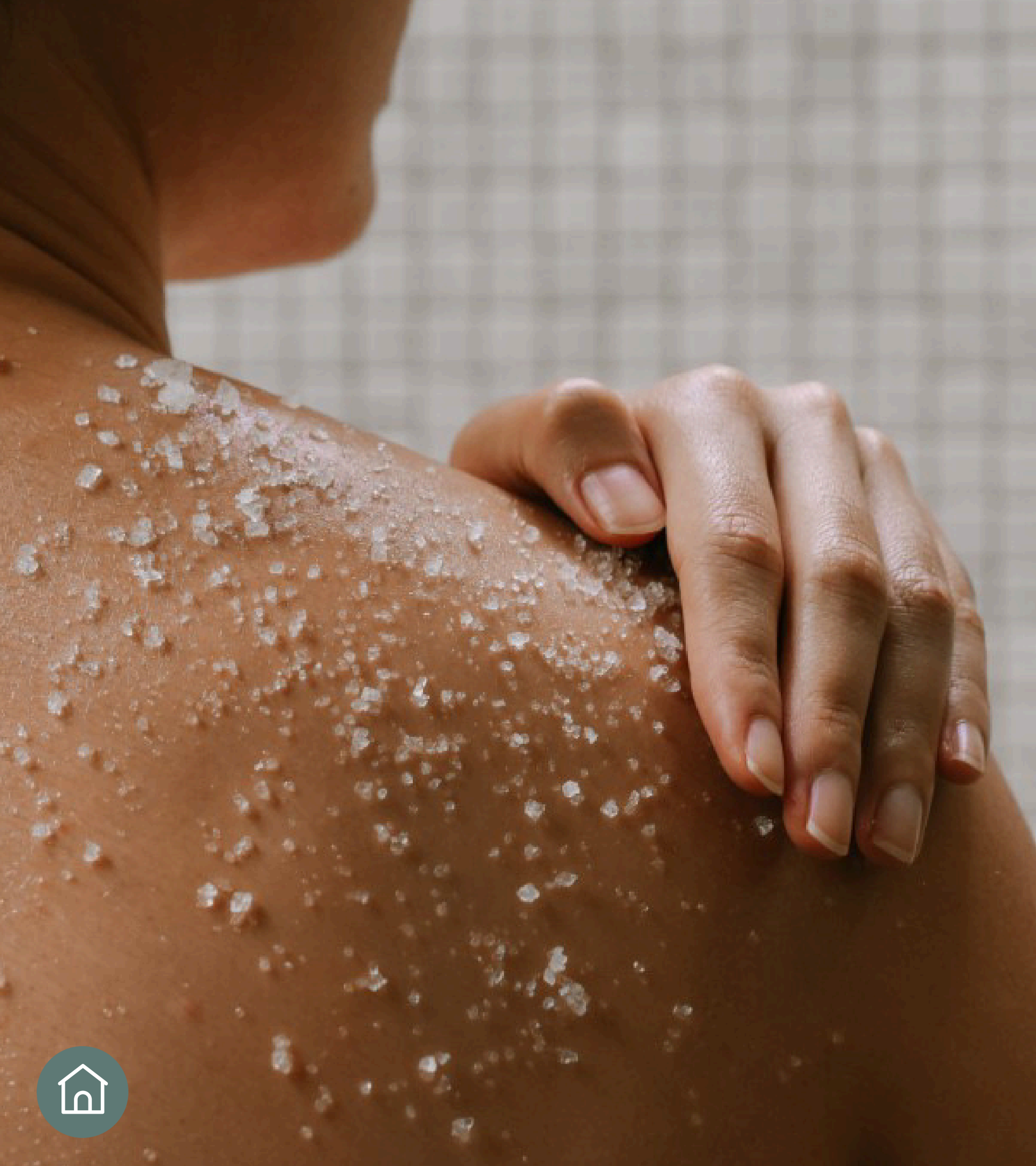
## Head & Shoulders Reliever

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.

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# BODY SCRUBS

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*30-minute treatment*

*MYR 248 nett*

## Apple Green Tea Polisher

*for All Skin Types & Sensitive Skin*

Natural acids from the apple acts as a gentle cleanser while the green tea powder nourishes the skin with its anti-oxidant properties. The skin feels softer after this treatment and skin cells are naturally renewed.

## Ginger Lemon Cleanser

*for Oily Skin*

The warming effect of fresh ginger paired with the citric fruit acid from lemon makes this body scrub a perfect cleanser. Let the refreshing scent of the natural ingredients relax your body as you look forward to refined and radiant skin.

## Kieffer Lime Refresher

*for Normal & Oily Skin*

Fresh lime peels gives a delightful scent and acts as an antiseptic. The wheat germ included in the scrub smoothen fine lines with its rich Vitamin E content while the honey nourishes the skin.

## Turmeric Honey Cleanser

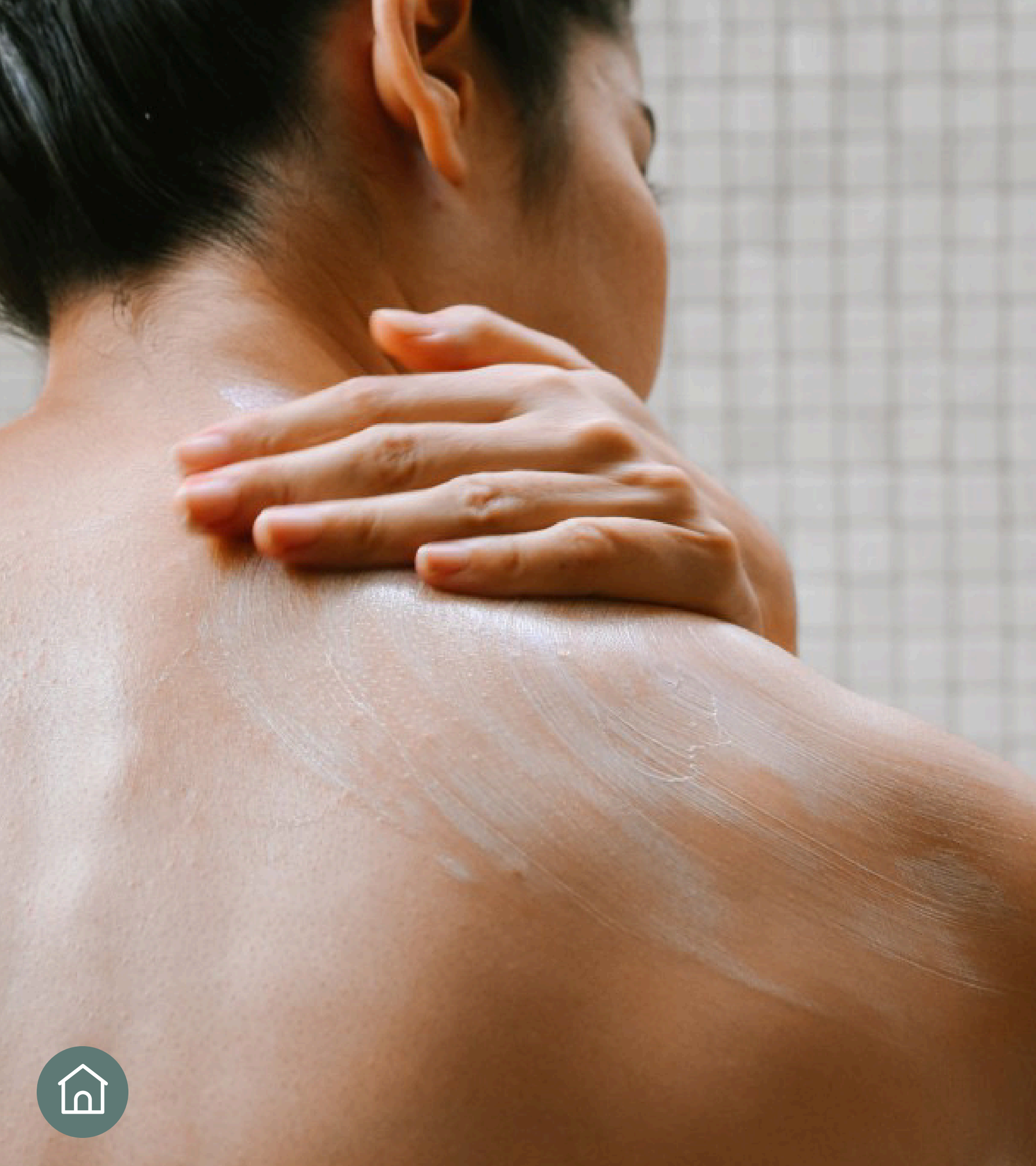
*for All Skin Types*

Known for its healing and cleansing properties, turmeric mixed with honey, tamarind and sesame seeds forms this refreshing scrub. The oil from the crushed sesame seeds ensures that the skin is not stripped dry by the scrub.

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# BODY CONDITIONERS

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*30-minute treatment*

*MYR 248 nett*

## Aloe Lavender Healer

*for All Skin Types & Sensitive Skin*

Aloe and lavender are known for their healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.

## Chrysanthemum Enhancer

*for All Skin Types*

A nutritious mix of dried chrysanthemum, honey and lemon juice provides a moisturising treatment to revitalise the skin. These ingredients are blended with protein-rich soya milk for extra benefits.

## Honey Avocado Healer

*for All Skin Types*

The highly moisturising honey and creamy Avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.

## Kieffer Lime Mask

*for All Skin Types*

Uplift your senses with the zesty lime as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.

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# CALMING BATHS

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*30-minute treatment*

*MYR 248 nett*

## Detoxing Bath

Relax your senses with a salt bath, an all-time favourite for centuries. Citrus fruits are added for extra zest.

## Purifying Bath

Get pampered like royalty and unveil radiant, youthful skin after this moisturising bath.

## Relaxing Bath

Infused with indigenous flower from the destination, feel your mood lighten up with this fragrant bath.

## Rejuvenating Bath

Uplift your senses and brighten up dull skin with herbs such as lemongrass and ginger, which are rich in anti-oxidants.

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# FACIALS

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*Indulge in our facial treatments to leave your skin glowing with refreshed vitality. Each facial includes a Shoulders & Arms Massage to surround you in a state of total bliss.*

## Triple Rose Intensive

*75-minute treatment*

*MYR 498 nett*

*for Matured Skin & Devitalised Skin Types*

Provides a super boost to dehydrated, sun damaged and aging skin. A specialised age-defying facial massage technique gently lifts and energises the skin targeting fine lines and lost of tone. This is followed by a luxurious triple rose skin rejuvenating and hydrating facial masque treatment with deeply nourishing and balancing pure botanicals and essential oils.

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# FACIALS

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## Banyan Facial

*60-minute treatment*

*MYR 468 nett*

*for All Skin Types*

A signature facial recipe specially created by Banyan Tree Spa, a purifying scrub and a hydrating mask moisturise and brighten the skin, giving the face a fresh and healthy look.

## Express

*30-minute treatment*

*MYR 308 nett*

Create a blissful treat for your face, select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturiser to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion.

Cleansing • Scrub • Mask • Moisturise

OR

Cleansing • Massage • Mask • Moisturise

OR

Cleansing • Scrub • Massage • Moisturise

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*Prices are inclusive of prevailing taxes.*





# FACIALS

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*60-minute treatment*

*MYR 428 nett*

## Absolute Purifier

*For Combination/Oily Skin*

This revitalizing facial restores the skin's moisture balance and regulates sebum production without drying the skin. The skin appears softer and smoother as enlarged pores are tightened.

## Age-Defying Firming Treat

*For All Skin Types*

Restore the luminance in the skin and youthful glow after this facial. This revitalizing treatment with cumulative benefits is ideal for all skin types to promote instant lightening and brightening effects.

## Hydrating Glow

*For Dry/Normal Skin*

Dry skin is instantly hydrated with a moisturizing mask. This vitamin-rich treatment keeps the skin soft and supple with a youthful glow.

## Radiant Soother

*For Sensitive Skin*

Suitable for delicate skin, this facial provides gentle comfort and reduces irritation. The soothing mask restores the skin's moisture level, leaving the skin naturally radiant and healthy.

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# PLEASE TAKE A MOMENT TO READ THIS

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## Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect the other guests' privacy by speaking softly.

Please switch your cellular phones and electronic devices off or to silent mode.

## Calm Time

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot, hair, and selected a la carte treatments.

## Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

## Valuables

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

## Smoking and Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

## Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

## Refund Policy

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

## Gift Certificates

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

## Disclaimer

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

